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Four Year Course in Physical Education and  
Athletic Coaching  
-----Approved by Board of Trustees, Dec.4, 1929  
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The present requirements for graduation from the College of Education with the degree of Bachelor of Science in Physical Education are,

First, one hundred and thirty-six semester hours.

Second, forty-seven semester hours in the subject of specialization (Physical Education and Athletic Coaching)

Third, twenty semester hours in Education including certain required courses.

Fourth, sixteen hours in a second subject of specialization, (a high school teaching subject)

The experience of the College has been that it is desirable in work of this sort to have a more prescribed curriculum. It is, therefore, the recommendation of the College of Education that in place of the present requirements for graduation with the degree of Bachelor of Science in Physical Education the following requirements be substituted:

First: One hundred and thirty-six hours of credit.

Second: Twenty-five hours of Education as follows:

Education 6, Principles of Secondary Education	3
Education 7, School program in Phys.Educ.	3
Education 8, History, System and Theories of Physical Education	2
Education 10, Technic of Teaching	3
Education 25, Educational Psychology	3
Education 28,* Psychology of Athletics	3
Educational Practice 1, 2, 3, 4	8
	<u>25</u>

\*Psychology 1 (4) may be substituted for  
Education 28

Third: Thirty-three hours of required work in various departments as follows:

Rhet. 1 Rhetoric and Composition	3
Rhet.12 Rhetoric and Literature	5
Military	4
Jour. 7 Sports Writing	3
Public Speaking 1 Principles of Effective Speaking	3
Physiol.1 Elements of Physiol	2
Physiol.2 Physiol. of Physical Exercise	4
Anatomy 1 Introduction to Anatomy and Physiology	3
Anatomy 2 Outline of Human Anatomy	3
Hygiene 10 General Hygiene	3
	<u>33</u>



Fourth: Forty-one semester hours to be required in technical training as follows:

A.C.2, Calisthenics	4
A.C.4, Gymnastic Stunts	4
A.C.7, Boxing and Wrestling	2
A.C.15, Recreational Activities	2
A.C.16, Training and First Aid	2
A.C.17, Organization and Administration	3
A.C.20, Track and Field Athletics	4
A.C.30, Football	2
A.C.31, Football	2
A.C.32, Football	2
A.C.40, Basketball	2
A.C.41, Basketball	2
A.C.50, Baseball	4
A.C.60, Swimming	2
A.C.70, Health Education and Corrective Gymnastics	4
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Fifth: The requirement of sixteen hours in a second subject of specialization (a high school subject other than physical education) must be met

Sixth: The remaining hours necessary to complete the requirements for graduation shall be selected from courses other than Athletic Coaching.

The chief changes in the requirements for graduation are:

First: A decrease of required Athletic Coaching Courses from forty-seven to forty-one hours.

Second: An increase in required education courses from twenty hours to twenty-five hours, the five additional hours, however, being hours which formerly were included in the Athletic Coaching Courses.

Third: The requirement of thirty-three hours of specific courses other than courses in Education or Athletic Coaching, and the definite requirement of specific courses in Athletic Coaching.

It is felt that by these changes there will be a greater definiteness of work on the part of students registered in the curriculum and greater assurance that the graduates have the necessary technical and professional training for their work as specialists in Athletic Coaching and Physical Education.



## Summary of Changes

A.C.12 - School Program in Physical Education  
now Education 7.

A.C.11 - History, Systems and Theories of Physical Education,  
now Education 8.

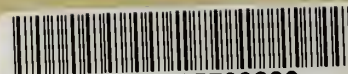
Increases required hours of Education from 20 to 25

Required hours of A.C. courses changed from 47 to 41. However,  
5 hours (formerly A.C.11 & 12) now required in Education  
group).

A.C. 7 & 8 -- each formerly a 1 hour course, now included  
in one course A.C.7--Boxing and Wrestling -- 2 cr. hrs.

A.C. 18 & 19, not included in A.C. courses required for  
graduation. However they will continue to be given.  
If a student has credit in A.C.18 and 19, his total  
number of credit hours necessary for graduation must  
be 138 instead of 136.





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THE UNIVERSITY OF THE  
STATE OF ALABAMA  
DEPARTMENT OF ALABAMA